

# July 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	<b>13&amp;O:</b> 7:30a-8:45a <b>11&amp;12:</b> 8:45a-9:30a <b>9&amp;10:</b> 9:35a-10:20a <b>7&amp;8:</b> 10:25a-10:55a <b>6&amp;U:</b> 11:00a-11:25a	<b>13&amp;O:</b> 7:30a-8:45a <b>11&amp;12:</b> 8:45a-9:30a <b>9&amp;10:</b> 9:35a-10:20a <b>7&amp;8:</b> 10:25a-10:55a <b>6&amp;U:</b> 11:00a-11:25a	<b>NO PRACTICE</b>  <b>HAPPY 4th OF JULY!!!</b>	<b>13&amp;O:</b> 7:30a-8:45a <b>11&amp;12:</b> 8:45a-9:30a <b>9&amp;10:</b> 9:35a-10:20a <b>7&amp;8:</b> 10:25a-10:55a <b>6&amp;U:</b> 11:00a-11:25a	<b>13&amp;O:</b> 7:30a-8:45a <b>11&amp;12:</b> 8:45a-9:30a <b>9&amp;10:</b> 9:35a-10:20a <b>7&amp;8:</b> 10:25a-10:55a <b>6&amp;U:</b> 11:00a-11:25a	<b>Meet at Rollingwood (Away)</b> (warm-up 8:30am)
8	9	10	11	12	13	14
	<b>13&amp;O:</b> 7:30a-8:45a <b>11&amp;12:</b> 8:45a-9:30a <b>9&amp;10:</b> 9:35a-10:20a <b>7&amp;8:</b> 10:25a-10:55a <b>6&amp;U:</b> 11:00a-11:25a	<b>13&amp;O:</b> 7:30a-8:45a <b>11&amp;12:</b> 8:45a-9:30a <b>9&amp;10:</b> 9:35a-10:20a <b>7&amp;8:</b> 10:25a-10:55a <b>6&amp;U:</b> 11:00a-11:25a	<b>13&amp;O:</b> 7:30a-8:45a <b>11&amp;12:</b> 8:45a-9:30a <b>9&amp;10:</b> 9:35a-10:20a <b>7&amp;8:</b> 10:25a-10:55a <b>6&amp;U:</b> 11:00a-11:25a	<b>13&amp;O:</b> 7:30a-8:45a <b>11&amp;12:</b> 8:45a-9:30a <b>9&amp;10:</b> 9:35a-10:20a <b>7&amp;8:</b> 10:25a-10:55a <b>6&amp;U:</b> 11:00a-11:25a	<b>13&amp;O:</b> 7:30a-8:45a <b>11&amp;12:</b> 8:45a-9:30a <b>9&amp;10:</b> 9:35a-10:20a <b>7&amp;8:</b> 10:25a-10:55a <b>6&amp;U:</b> 11:00a-11:25a	<b>Meet vs. Watermont (Home)</b> (warm-up 8:00am) <b>Team Pictures 7:00 am</b>
15	16	17	18	19	20	21
	<b>13&amp;O:</b> 7:30a-8:45a <b>11&amp;12:</b> 8:45a-9:30a <b>9&amp;10:</b> 9:35a-10:20a <b>7&amp;8:</b> 10:25a-10:55a <b>6&amp;U:</b> 11:00a-11:25a	<b>13&amp;O:</b> 7:30a-8:45a <b>11&amp;12:</b> 8:45a-9:30a <b>9&amp;10:</b> 9:35a-10:20a <b>7&amp;8:</b> 10:25a-10:55a <b>6&amp;U:</b> 11:00a-11:25a	<b>13&amp;O:</b> 7:30a-8:45a <b>11&amp;12:</b> 8:45a-9:30a <b>9&amp;10:</b> 9:35a-10:20a <b>7&amp;8:</b> 10:25a-10:55a <b>6&amp;U:</b> 11:00a-11:25a	<b>13&amp;O:</b> 7:30a-8:45a <b>11&amp;12:</b> 8:45a-9:30a <b>9&amp;10:</b> 9:35a-10:20a <b>7&amp;8:</b> 10:25a-10:55a <b>6&amp;U:</b> 11:00a-11:25a	<b>13&amp;O:</b> 7:30a-8:45a <b>11&amp;12:</b> 8:45a-9:30a <b>9&amp;10:</b> 9:35a-10:20a <b>7&amp;8:</b> 10:25a-10:55a <b>6&amp;U:</b> 11:00a-11:25a <b>Last Practice for Non-Divisional Swimmers</b>	<b>Meet vs. Hammond Park (Home)</b> (warm-up 8:00am)
22	23	24	25	26	27	28
	<b>Divisionals Practice</b> <b>13&amp;O:</b> 7:30a-8:45a <b>11&amp;12:</b> 8:45a-9:30a <b>9&amp;10:</b> 9:35a-10:20a <b>7&amp;8:</b> 10:25a-10:55a <b>NOVICE MEET (4:00 pm)</b>	<b>Divisionals Practice</b> <b>13&amp;O:</b> 7:30a-8:45a <b>11&amp;12:</b> 8:45a-9:30a <b>9&amp;10:</b> 9:35a-10:20a <b>7&amp;8:</b> 10:25a-10:55a	<b>STRAEHLE MEET</b> <b>Carroll Aquatics at Four Seasons (8:00am)</b>	<b>Divisionals Practice</b> <b>13&amp;O:</b> 7:30a-8:45a <b>11&amp;12:</b> 8:45a-9:30a <b>9&amp;10:</b> 9:35a-10:20a <b>7&amp;8:</b> 10:25a-10:55a	<b>Divisionals Practice</b> <b>13&amp;O:</b> 7:30a-8:45a <b>11&amp;12:</b> 8:45a-9:30a <b>9&amp;10:</b> 9:35a-10:20a <b>7&amp;8:</b> 10:25a-10:55a	<b>DIVISIONALS at Hammond Park (8:00am)</b>  <b>End of Year Party (7:00p-11:00p)</b>